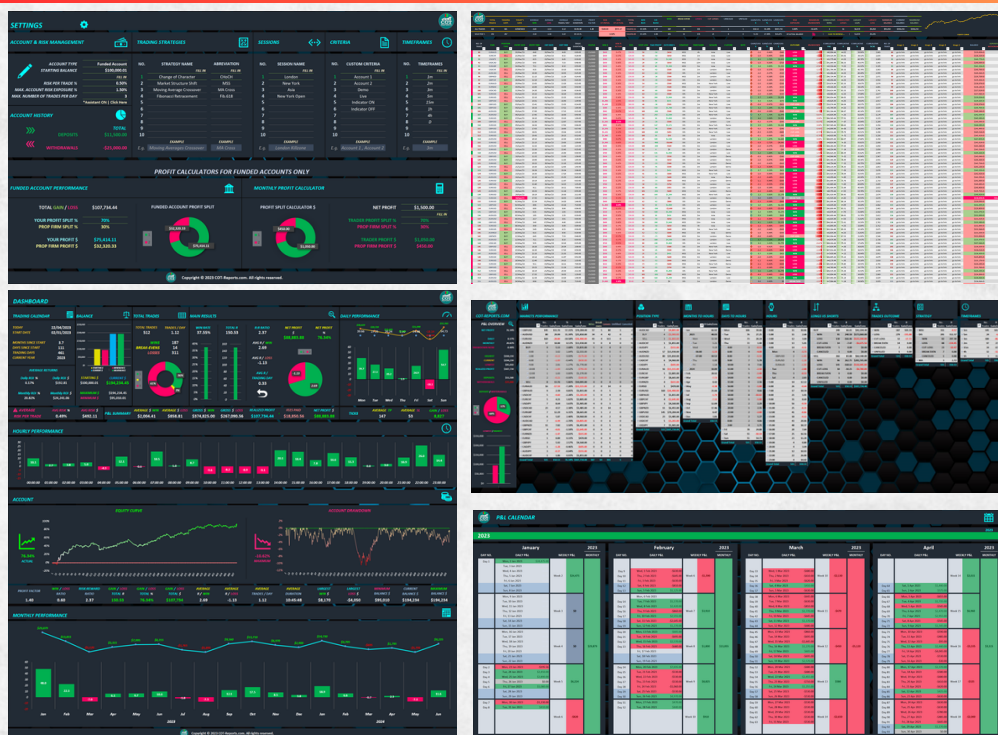


# TRADING JOURNAL FEATURES

## MICROSOFT EXCEL SPREADSHEET



INTUITIVE AND USER-FRIENDLY DESIGN

 COT-REPORTS.COM



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COT-REPORTS.COM

# ASSISTANT FEATURE

PERFECT FOR BEGINNERS

| SESSIONS             |                                     | CRITERIA                  |                                        | TIMEFRAMES |                                 |
|----------------------|-------------------------------------|---------------------------|----------------------------------------|------------|---------------------------------|
| NO.                  | SESSION NAME                        | NO.                       | CUSTOM CRITERIA                        | NO.        | TIMEFRAMES                      |
| 1                    | <input type="text" value="London"/> | 1                         | <input type="text" value="Account 1"/> | 1          | <input type="text" value="1m"/> |
| 2                    | New                                 |                           | Account 2                              | 2          | 2m                              |
| 3                    | As                                  |                           | Demo                                   | 3          | 3m                              |
| 4                    | New Yo                              |                           | Live                                   | 4          | 5m                              |
| 5                    | London                              |                           | Indicator ON                           | 5          | 15m                             |
| 6                    | New York                            |                           | Indicator OFF                          | 6          | 1h                              |
| 7                    | Asia K                              |                           | RSI + 50                               | 7          | 4h                              |
| 8                    | London                              |                           | RSI - 50                               | 8          | D                               |
| 9                    | Ne                                  |                           | Custom 1                               | 9          | W                               |
| 10                   | Morning                             | 10                        | Custom 2                               | 10         | M                               |
| EXAMPLE              |                                     | EXAMPLE                   |                                        | EXAMPLE    |                                 |
| E.g. London Killzone |                                     | E.g. Account 1, Account 2 |                                        | E.g. 3m    |                                 |

**Assistant**

Enter your trading sessions. You can use standard sessions like 'London', 'New York', etc., or you can create custom sessions by entering your own intervals. You can later use this data to measure your performance based on the different trading sessions.

# EASY-TO-USE



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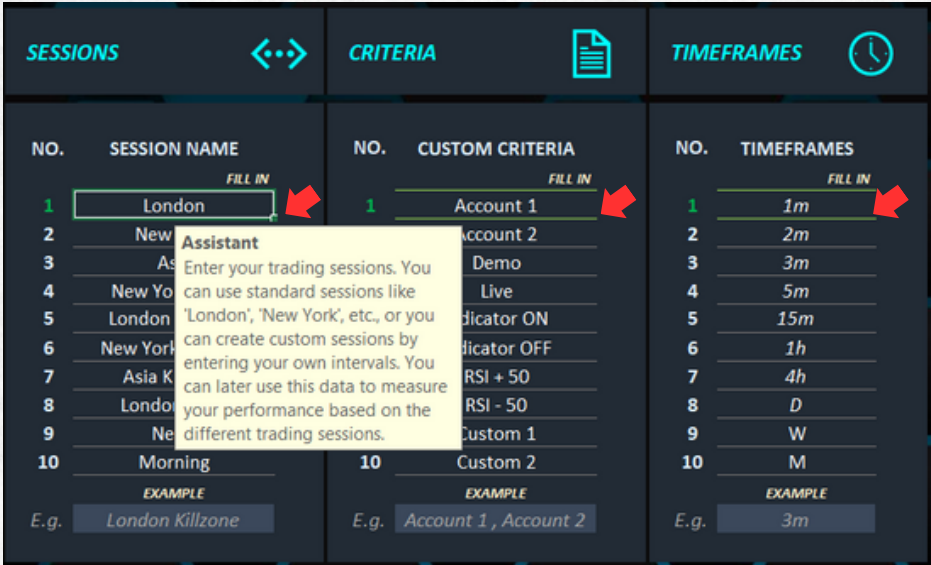
## INTRODUCING THE ASSISTANT FEATURE

As part of my commitment to providing the best user experience, I've included an **Assistant Feature** in the journal to help you fill in your trades quickly and efficiently.

The **Assistant Feature** is designed to guide you through the journal's interface, making it easy to use, even for beginners.

Every cell in the journal that needs to be filled in by the user is color-coded with green lines where the Assistant Feature is enabled. You will easily notice it when starting to set and customize the journal.

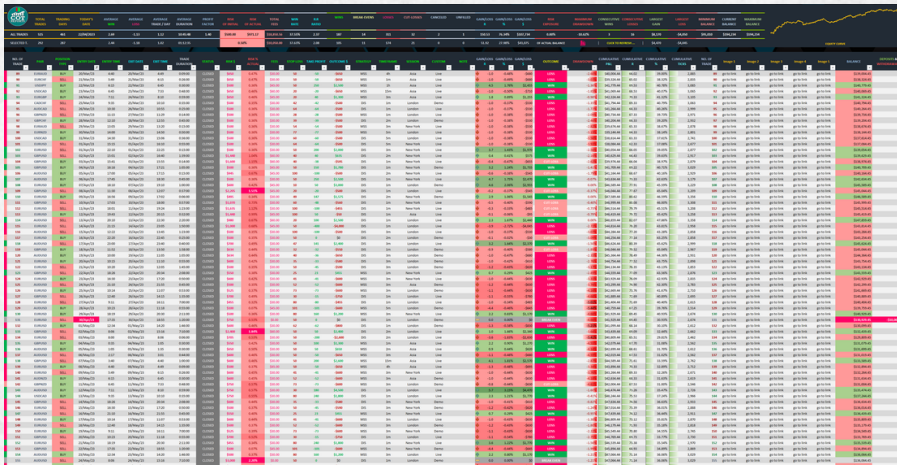
Furthermore, the first 5 trades in the 'Trading Journal' sheet also have the Assistant Feature turned on, allowing you to familiarize yourself with the journal's interface.



In conclusion, when you click on a cell with the Assistant Feature ON, a pop-up box appears, guiding you through the information that needs to be entered in that cell.

## SHEET NO. 1

# TRADING JOURNAL



The image shows a screenshot of a trading journal spreadsheet. The spreadsheet is organized into columns for various trading metrics, including dates, times, and trade details. The data is presented in a structured format with alternating row colors for readability. The columns include fields for entry and exit times, trade direction (buy/sell), and associated price levels. The overall layout is professional and designed for detailed record-keeping of trading activities.

# FEATURES

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## TRADING JOURNAL SPREADSHEET

### EASY-TO-USE INTERFACE FOR CLEAR ANALYSIS

One of the key advantages of my trading journal is its user-friendly interface, designed to facilitate effortless tracking and analysis of your trades. The journal's intuitive layout allows you to easily identify successful strategies and areas for improvement through its color visual representation.

The journal offers a clear and immediate understanding of your trades. The colors displayed in the journal are not merely aesthetic elements, but strategic indicators that convey valuable information about your trading performance.

As you enter and update your trades, the journal dynamically adjusts the colors to reflect the outcomes and actions taken. It intelligently highlights the parts that you as a trader need to take care of.

|             | TOTAL TRADES | TRADING DAYS | TODAY'S DATE | AVERAGE R WIN | AVERAGE R LOSS | AVERAGE TRADES / DAY | AVERAGE DURATION | NET PROFIT \$ | RISK OF INITIAL | RISK OF ACTUAL | TOTAL FEES | WIN RATE | R/R RATIO | WINS | BREAK-EVENS | LOSSES | CUT-LOSSES | CANCELLED | UNFILLED |
|-------------|--------------|--------------|--------------|---------------|----------------|----------------------|------------------|---------------|-----------------|----------------|------------|----------|-----------|------|-------------|--------|------------|-----------|----------|
| ALL TRADES  | 89           | 9            | 12/Mar/23    | 2.51          | -1.01          | 9.89                 | 01:29:21         | \$41,352      | \$1,000.00      | \$1,457.10     | \$1,098.50 | 41.82%   | 2.50      | 39   | 0           | 50     | 4          | 1         | 0        |
| SELECTED T. | 89           | 9            |              | 2.51          | -1.01          | 9.89                 | 01:29:21         | \$41,352      | 1.00%           |                | \$1,098.50 | 41.82%   | 2.50      | 39   | 0           | 50     | 4          | 1         | 0        |

| NO. OF TRADE | PAIR   | POSITION TYPE | ENTRY DATE | ENTRY TIME | EXIT DATE | EXIT TIME | TRADE DURATION | STATUS | RISK \$ | RISK % ACTUAL | FEES    | STOP LOSS | TAKE PROFIT | GAIN / LOSS | STRATEGY | TIMEFRAME | SESSION | CUSTOM | NOTE |
|--------------|--------|---------------|------------|------------|-----------|-----------|----------------|--------|---------|---------------|---------|-----------|-------------|-------------|----------|-----------|---------|--------|------|
| 1            | GBPUSD | BUY           | 14/Mar/23  | 11:58      | 14/Mar/23 | 11:19     | 0:01:00        | CLOSED | \$295   | 0.20%         | \$9.00  | 95        | -99         | -\$297      | COT      | 1m        | London  | FTMO1  |      |
| 2            | EURUSD | BUY           | 14/Mar/23  | 11:21      | 14/Mar/23 | 11:29     | 0:08:00        | CLOSED | \$180   | 0.10%         | \$9.00  | 81        | -84         | -\$82       | COT      | 1m        | London  | FTMO1  |      |
| 3            | GBPUSD | BUY           | 15/Mar/23  | 11:29      | 15/Mar/23 | 11:56     | 0:27:00        | CLOSED | \$300   | 0.20%         | \$12.00 | 90        | 93          | \$612       | COT      | 1m        | London  | FTMO1  |      |
| 4            | GBPUSD | BUY           | 15/Mar/23  | 11:29      | 15/Mar/23 | 11:56     | 0:27:00        | CLOSED | \$300   | 0.30%         | \$12.00 | 75        | 111         | \$124       | COT      | 1m        | London  | FTMO1  |      |
| 5            | GBPUSD | BUY           | 15/Mar/23  | 12:02      | 15/Mar/23 | 12:10     | 0:08:00        | CLOSED | \$212   | 0.21%         | \$12.00 | 58        | -60         | -\$240      | COT      | 1m        | London  | FTMO1  |      |
| 6            | GBPUSD | BUY           | 15/Mar/23  | 15:26      | 15/Mar/23 | 15:27     | 0:01:00        | CLOSED | \$740   | 0.74%         | \$12.00 | 188       | 70          | \$280       | COT      | 1m        | London  | FTMO1  |      |
| 7            | GBPUSD | BUY           | 15/Mar/23  | 15:41      | 15/Mar/23 | 15:48     | 0:07:00        | CLOSED | \$1,680 | 1.67%         | \$13.00 | 349       | 21          | \$195       | COT      | 1m        | London  | FTMO1  |      |
| 8            | GBPUSD | BUY           | 15/Mar/23  | 15:43      | 15/Mar/23 | 15:48     | 0:05:00        | CLOSED | \$590   | 0.59%         | \$6.00  | 295       | 5           | \$10        | COT      | 1m        | London  | FTMO1  |      |
| 9            | GBPUSD | BUY           | 15/Mar/23  | 15:45      | 15/Mar/23 | 15:48     | 0:03:00        | CLOSED | \$257   | 0.26%         | \$6.00  | 129       | 238         | \$416       | COT      | 1m        | London  | FTMO1  |      |

| WARNING: MAXIMUM ACCOUNT RISK EXPOSURE EXCEEDED! |             |              |                   |                  |                  |                    |              |              |                 |                 |                 |               |              |  |
|--------------------------------------------------|-------------|--------------|-------------------|------------------|------------------|--------------------|--------------|--------------|-----------------|-----------------|-----------------|---------------|--------------|--|
| GAIN/LOSS R                                      | GAIN/LOSS % | GAIN/LOSS \$ | RISK EXPOSURE     | MAXIMUM DRAWDOWN | CONSECUTIVE WINS | CONSECUTIVE LOSSES | LARGEST GAIN | LARGEST LOSS | MINIMUM BALANCE | CURRENT BALANCE | MAXIMUM BALANCE | PROFIT FACTOR |              |  |
| 47.68                                            | 45.35%      | \$45,351     | 6.80%             | -5.94%           | 20               | 10                 | \$6,094      | -\$1,610     | \$96,051        | \$145,710       | \$145,710       | 2.91          |              |  |
| 47.68                                            | 45.35%      | \$45,351     | OF ACTUAL BALANCE |                  |                  |                    | \$6,094      | -\$1,610     |                 |                 |                 |               | EQUITY CURVE |  |

| NET GAIN/LOSS R | NET GAIN/LOSS % | NET GAIN/LOSS \$ | OUTCOME | DRAWDOWN | CUMULATIVE \$ | CUMULATIVE R | CUMULATIVE % | CUMULATIVE TICKS | NO. OF TRADE | Image 1    | Image 2    | Image 3    | Image 4    | Image 5    | BALANCE      | DEPOSITS & WITHDRAWALS |
|-----------------|-----------------|------------------|---------|----------|---------------|--------------|--------------|------------------|--------------|------------|------------|------------|------------|------------|--------------|------------------------|
| -1.0            | -0.11%          | -\$100           | LOSS    | -0.11%   | -\$106.00     | -1.04        | -0.31%       | -99              | 1            | go to link | go to link | go to link | go to link | go to link | \$99,694.00  |                        |
| -1.0            | -0.11%          | -\$111           | LOSS    | -0.11%   | -\$217.00     | -2.06        | -0.42%       | -133             | 2            | go to link | go to link | go to link | go to link | go to link | \$99,583.00  |                        |
| 3.0             | 0.64%           | \$640            | WIN     | 0.00%    | -\$223.00     | 0.96         | 0.22%        | 30               | 3            | go to link | go to link | go to link | go to link | go to link | \$100,223.00 |                        |
| 1.6             | 0.51%           | \$512            | WIN     | 0.00%    | \$755.00      | 2.60         | 0.74%        | 161              | 4            | go to link | go to link | go to link | go to link | go to link | \$100,735.00 |                        |
| -1.0            | -0.25%          | -\$252           | LOSS    | -0.25%   | \$483.00      | 1.57         | 0.48%        | 101              | 5            | go to link | go to link | go to link | go to link | go to link | \$100,483.00 |                        |
| 0.4             | 0.27%           | \$268            | WIN     | 0.00%    | \$751.00      | 1.92         | 0.75%        | 171              | 6            | go to link | go to link | go to link | go to link | go to link | \$100,751.00 |                        |
| 0.1             | 0.09%           | \$90             | WIN     | 0.00%    | \$841.00      | 1.98         | 0.00%        | 192              | 7            | go to link | go to link | go to link | go to link | go to link | \$100,000.00 | -\$841.00              |
| 0.0             | 0.00%           | \$4              | WIN     | 0.00%    | \$845.00      | 1.98         | 0.00%        | 197              | 8            | go to link | go to link | go to link | go to link | go to link | \$100,004.00 |                        |
| 1.6             | 0.43%           | \$430            | WIN     | 0.00%    | \$1,275.00    | 3.62         | 0.43%        | 415              | 9            | go to link | go to link | go to link | go to link | go to link | \$100,434.00 |                        |

DESIGNED TO MEET TRADERS' NEEDS

ENSURING A STRONG RISK MANAGEMENT PLAN

I have personally designed the Trading Journal Excel Spreadsheet to perfectly align with your trading plan and provide continuous signals and data, ensuring you respect your Risk Management plan.

How did I accomplish this? Let me provide you with a few examples:

1. RISK PER TRADE ALERT

| NET<br>PROFIT \$ | RISK<br>OF INITIAL | RISK<br>OF ACTUAL | TOTAL<br>FEES | WIN<br>RATE |
|------------------|--------------------|-------------------|---------------|-------------|
| \$43,352         | \$1,000.00         | \$1,457.10        | \$1,998.50    | 47.37%      |
| \$34,204         | 1.00%              |                   | \$1,202.50    | 57.35%      |

| STATUS | RISK \$ | RISK %<br>ACTUAL | FEES    | STOP LOSS |
|--------|---------|------------------|---------|-----------|
| CLOSED | \$240   | 0.24%            | \$9.00  | 80        |
| CLOSED | \$960   | 0.96%            | \$30.00 | 96        |
| CLOSED | \$100   | 0.10%            | \$6.00  | 47        |
| CLOSED | \$350   | 0.36%            | \$15.00 | 72        |
| CLOSED | \$1,400 | 1.43%            | \$30.00 | 87        |
| CLOSED | \$970   | 1.00%            | \$15.00 | 103       |
| CLOSED | \$2,000 | 2.08%            | \$30.00 | 45        |
| CLOSED | \$960   | 0.98%            | \$30.00 | 100       |
| CLOSED | \$520   | 0.52%            | \$45.00 | 34        |
| CLOSED | \$350   | 0.35%            | \$30.00 | 35        |

If the risk management plan indicates that you should risk no more than 1% on a trade, the journal will display a more intense red-colored cell, indicating that you are risking too much on that particular trade.

## 2. DYNAMIC RISK ADJUSTMENT

### OPTIMIZING TRADE RISK BASED ON ACTUAL BALANCE

In my trading journal, I have implemented a powerful function that utilizes two essential cells for risk management:

- **Risk of Initial** - This cell displays the amount of money the trader should risk on the next trade based on the percentage they entered in the "risk per trade %" field in settings sheet. It calculates from the INITIAL balance.
- **Risk of Actual** - This cell calculates the amount of money the trader should risk on the next trade based on the percentage they entered in the "risk per trade %" field in settings sheet. It calculates from the ACTUAL balance.

| NET<br>PROFIT \$ | RISK<br>OF INITIAL | RISK<br>OF ACTUAL | TOTAL<br>FEES | WIN<br>RATE |
|------------------|--------------------|-------------------|---------------|-------------|
| \$43,352         | \$1,000.00         | \$1,457.10        | \$1,998.50    | 47.37%      |
| \$34,204         | 1.00%              |                   | \$1,202.50    | 57.35%      |

| STATUS | RISK \$ | RISK %<br>ACTUAL | FEES    | STOP LOSS |
|--------|---------|------------------|---------|-----------|
| CLOSED | \$240   | 0.24%            | \$9.00  | 80        |
| CLOSED | \$960   | 0.96%            | \$30.00 | 96        |
| CLOSED | \$100   | 0.10%            | \$6.00  | 47        |
| CLOSED | \$350   | 0.36%            | \$15.00 | 72        |
| CLOSED | \$1,400 | 1.43%            | \$30.00 | 87        |
| CLOSED | \$970   | 1.00%            | \$15.00 | 103       |
| CLOSED | \$2,000 | 2.08%            | \$30.00 | 45        |
| CLOSED | \$960   | 0.98%            | \$30.00 | 100       |
| CLOSED | \$520   | 0.52%            | \$45.00 | 34        |
| CLOSED | \$350   | 0.35%            | \$30.00 | 35        |

The advantage of incorporating the Risk of Actual cell is that it allows you to adapt the risk to your current balance, rather than relying solely on a fixed percentage of the initial balance.

By using the Risk of Actual cell, you can optimize your risk management strategy, ensuring that your position sizing is aligned with your actual account balance. This flexible approach allows for better capital preservation and the potential for accelerated account growth.

3. RISK EXPOSURE ALERT

MANAGING YOUR TRADES BASED ON MAXIMUM EXPOSURE

In the dashboard section located at the top of the journal, you will find a display that provides your total risk exposure. This display presents the risk exposure as a percentage, calculated based on the number of currently open trades. It offers a clear indication of the overall risk level associated with your active trading positions.

|                 |                   |                     |                 |                   |                     |
|-----------------|-------------------|---------------------|-----------------|-------------------|---------------------|
| GAIN/LOSS<br>\$ | RISK<br>EXPOSURE  | MAXIMUM<br>DRAWDOWN | GAIN/LOSS<br>\$ | RISK<br>EXPOSURE  | MAXIMUM<br>DRAWDOWN |
| \$45,351        | 0.00%             | -5.94%              | \$43,851        | 1.73%             | -5.94%              |
| \$35,407        | OF ACTUAL BALANCE |                     | \$33,907        | OF ACTUAL BALANCE |                     |

If the number of opened trades exceeds the maximum risk exposure you specified, the corresponding cell will turn red, alerting you to the current situation.

|                                                  |                 |                   |                     |           |  |
|--------------------------------------------------|-----------------|-------------------|---------------------|-----------|--|
| WARNING: MAXIMUM ACCOUNT RISK EXPOSURE EXCEEDED! |                 |                   |                     |           |  |
| GAIN/LOSS<br>%                                   | GAIN/LOSS<br>\$ | RISK<br>EXPOSURE  | MAXIMUM<br>DRAWDOWN | CONS<br>V |  |
| 43.85%                                           | \$43,851        | 2.43%             | -5.94%              |           |  |
| 33.91%                                           | \$33,907        | OF ACTUAL BALANCE |                     |           |  |

The red cell acts as a visual alert, drawing your attention to the potential risk of exceeding your set exposure level. Additionally, a message will appear to further notify you about the current situation, ensuring you are aware of the potential risk and can take appropriate actions.

4. DRAWDOWN ALERT

MANAGING ACCOUNT DRAWDOWN WITH VISUAL INDICATORS

The column dedicated to representing drawdown utilizes visual indicators in the form of bars, providing real-time feedback on the current account drawdown.

The adaptive nature of this column ensures that the font color changes dynamically, alerting you when it's time to consider the drawdown and take appropriate action. As the drawdown increases, the font color will change, signaling the need for attention and potential adjustment to your trading strategy.

| NET GAIN/LOSS |      |        | OUTCOME  | DRAWDOWN | UMULATIVE \$ | CUMULATIVE R |        |
|---------------|------|--------|----------|----------|--------------|--------------|--------|
| R             | %    | \$     |          |          |              |              |        |
| 📉             | -1.0 | -0.08% | -\$79    | LOSS     | -0.08%       | \$1,196.50   | 2.62   |
| 📉             | -1.1 | -0.59% | -\$595   | LOSS     | -0.67%       | \$601.50     | 1.57   |
| 📉             | -1.0 | -0.54% | -\$540   | LOSS     | -1.20%       | \$61.50      | 0.55   |
| 📉             | -1.1 | -0.12% | -\$123   | LOSS     | -1.32%       | -\$61.50     | -0.58  |
| 📉             | -1.1 | -0.12% | -\$120   | LOSS     | -1.44%       | -\$181.50    | -1.68  |
| 📉             | -1.2 | -0.11% | -\$108   | LOSS     | -1.54%       | -\$289.50    | -2.89  |
| 📉             | -1.1 | -0.10% | -\$99    | LOSS     | -1.64%       | -\$388.50    | -4.00  |
| 📉             | -1.1 | -0.13% | -\$132   | LOSS     | -1.77%       | -\$520.50    | -5.12  |
| 📉             | -1.1 | -0.32% | -\$320   | LOSS     | -2.09%       | -\$840.50    | -6.20  |
| 📈             | 0.0  | 0.00%  | \$3      | WIN      | -2.09%       | -\$837.50    | -6.19  |
| 📉             | -1.0 | -0.99% | -\$990   | LOSS     | -3.06%       | -\$1,827.50  | -7.19  |
| 📉             | -1.0 | -0.11% | -\$106   | LOSS     | -3.17%       | -\$1,933.50  | -8.19  |
| 📉             | -1.0 | -0.39% | -\$380   | LOSS     | -3.54%       | -\$2,313.50  | -9.23  |
| 📉             | -0.6 | -0.93% | -\$910   | CUT-LOSS | -4.44%       | -\$3,223.50  | -9.87  |
| 📉             | -1.1 | -1.12% | -\$1,085 | LOSS     | -5.51%       | -\$4,308.50  | -10.97 |
| 📈             | 0.9  | 1.80%  | \$1,730  | WIN      | -3.80%       | -\$2,578.50  | -10.12 |
| 📈             | 1.9  | 1.90%  | \$1,860  | WIN      | -1.97%       | -\$718.50    | -8.24  |
| 📉             | -1.0 | -0.59% | -\$585   | LOSS     | -2.55%       | -\$1,303.50  | -9.27  |
| 📉             | -1.1 | -0.41% | -\$410   | LOSS     | -2.95%       | -\$1,713.50  | -10.35 |
| 📈             | 0.2  | 0.03%  | \$30     | WIN      | -2.92%       | -\$1,683.50  | -10.17 |
| 📈             | 2.0  | 1.29%  | \$1,270  | WIN      | -1.67%       | -\$413.50    | -8.15  |
| 📈             | 5.7  | 1.31%  | \$1,310  | WIN      | -0.37%       | \$896.50     | -2.46  |
| 📉             | -1.2 | -0.04% | -\$38    | LOSS     | -0.41%       | \$858.50     | -3.68  |
| 📈             | 1.2  | 1.17%  | \$1,185  | WIN      | 0.00%        | \$2,043.50   | -2.52  |

By visually representing the drawdown through bars and changing font colors, your trading journal acts as a proactive tool, keeping you informed about the state of your account drawdowns.

5. DYNAMIC DASHBOARD

INSTANT DATA AND STATISTICS AT YOUR FINGERTIPS

The trading journal incorporates a powerful and intuitive dashboard located at the top of the journal, providing you with instant access to essential data and statistics. This dynamic dashboard is divided into two rows, each serving a distinct purpose.

The first row, labeled "**ALL TRADES**," displays comprehensive data for all trades entered in the journal. It offers a comprehensive overview of your trading activities, including key metrics such as trade duration, entry and exit prices, profit/loss, and more. With this information readily available, you can analyze your overall performance in seconds.

The second row, named "**SELECTED T.**," focuses on providing data exclusively for selected trades. By utilizing the filtering capabilities of the trading journal, you can tailor the dashboard to show specific trade data based on your preferences. For instance, you can filter and display all EURUSD trades, trades from a specific date, trades executed using a particular strategy, and much more.

|                                                                                                                                                                                                                                                                                                                                                                                                                    |  |  |  |  |  |  |  |  |  |  |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|--|--|--|--|--|--|--|
| <div><div>COT<br/>REPORTS</div><div><div>TOTAL<br/>TRADES</div>95<div>TRADING<br/>DAYS</div>9<div>TODAY'S<br/>DATE</div>13/05/2023<div>AVERAGE R<br/>WIN</div>2.15<div>AVERAGE R<br/>LOSS</div>-1.00<div>AVERAGE<br/>TRADES / DAY</div>10.56<div>AVERAGE<br/>DURATION</div>01:29:21<div>NET<br/>PROFIT \$</div>\$43,352<div>RISK<br/>OF INITIAL</div>\$1,000.00<div>RISK<br/>OF ACTUAL</div>\$1,457.10</div></div> |  |  |  |  |  |  |  |  |  |  |
| ALL TRADES                                                                                                                                                                                                                                                                                                                                                                                                         |  |  |  |  |  |  |  |  |  |  |
| SELECTED T.                                                                                                                                                                                                                                                                                                                                                                                                        |  |  |  |  |  |  |  |  |  |  |
| <div><div>NO. OF<br/>TRADES</div>68<div>PAIR</div>EURUSD<div>POSITION<br/>TYPE</div>LONG<div>ENTRY DATE</div>15/Mar/23<div>ENTRY TIME</div>15:41<div>EXIT DATE</div>15/Mar/23<div>EXIT TIME</div>15:48<div>TRADE<br/>DURATION</div>0:07:00<div>STATUS</div>CLOSED<div>RISK \$</div>\$1,680<div>RISK %<br/>ACTUAL</div>1.67%</div>                                                                                  |  |  |  |  |  |  |  |  |  |  |
| 14/Mar/23 11:18 14/Mar/23 11:19 0:01:00 CLOSED \$285 0.29%                                                                                                                                                                                                                                                                                                                                                         |  |  |  |  |  |  |  |  |  |  |
| 14/Mar/23 11:21 14/Mar/23 11:26 0:05:00 CLOSED \$100 0.10%                                                                                                                                                                                                                                                                                                                                                         |  |  |  |  |  |  |  |  |  |  |
| 15/Mar/23 11:29 15/Mar/23 11:56 0:27:00 CLOSED \$200 0.20%                                                                                                                                                                                                                                                                                                                                                         |  |  |  |  |  |  |  |  |  |  |
| 15/Mar/23 11:29 15/Mar/23 11:56 0:27:00 CLOSED \$300 0.30%                                                                                                                                                                                                                                                                                                                                                         |  |  |  |  |  |  |  |  |  |  |
| 15/Mar/23 12:02 15/Mar/23 12:10 0:08:00 CLOSED \$232 0.23%                                                                                                                                                                                                                                                                                                                                                         |  |  |  |  |  |  |  |  |  |  |
| 15/Mar/23 15:26 15/Mar/23 15:27 0:01:00 CLOSED \$740 0.74%                                                                                                                                                                                                                                                                                                                                                         |  |  |  |  |  |  |  |  |  |  |
| 15/Mar/23 15:41 15/Mar/23 15:48 0:07:00 CLOSED \$1,680 1.67%                                                                                                                                                                                                                                                                                                                                                       |  |  |  |  |  |  |  |  |  |  |
| 15/Mar/23 15:43 15/Mar/23 15:48 0:05:00 CLOSED \$590 0.59%                                                                                                                                                                                                                                                                                                                                                         |  |  |  |  |  |  |  |  |  |  |
| 15/Mar/23 15:45 15/Mar/23 15:48 0:03:00 CLOSED \$257 0.26%                                                                                                                                                                                                                                                                                                                                                         |  |  |  |  |  |  |  |  |  |  |
| 15/Mar/23 16:36 15/Mar/23 16:52 0:16:00 CLOSED \$77 0.08%                                                                                                                                                                                                                                                                                                                                                          |  |  |  |  |  |  |  |  |  |  |
| 15/Mar/23 16:40 15/Mar/23 16:52 0:12:00 CLOSED \$550 0.55%                                                                                                                                                                                                                                                                                                                                                         |  |  |  |  |  |  |  |  |  |  |
| 15/Mar/23 18:23 15/Mar/23 18:33 0:10:00 CLOSED \$520 0.52%                                                                                                                                                                                                                                                                                                                                                         |  |  |  |  |  |  |  |  |  |  |
| 16/Mar/23 7:53 16/Mar/23 8:22 0:29:00 CLOSED \$100 0.10%                                                                                                                                                                                                                                                                                                                                                           |  |  |  |  |  |  |  |  |  |  |
| 16/Mar/23 7:53 16/Mar/23 8:22 0:29:00 CLOSED \$100 0.10%                                                                                                                                                                                                                                                                                                                                                           |  |  |  |  |  |  |  |  |  |  |
| 16/Mar/23 8:03 16/Mar/23 8:22 0:19:00 CLOSED \$80 0.08%                                                                                                                                                                                                                                                                                                                                                            |  |  |  |  |  |  |  |  |  |  |

In the provided example, the trades have been filtered to show only the EURUSD pair. As you make changes to the filters, the dashboard updates in real time, instantly providing you with relevant statistics and insights for the selected trades.

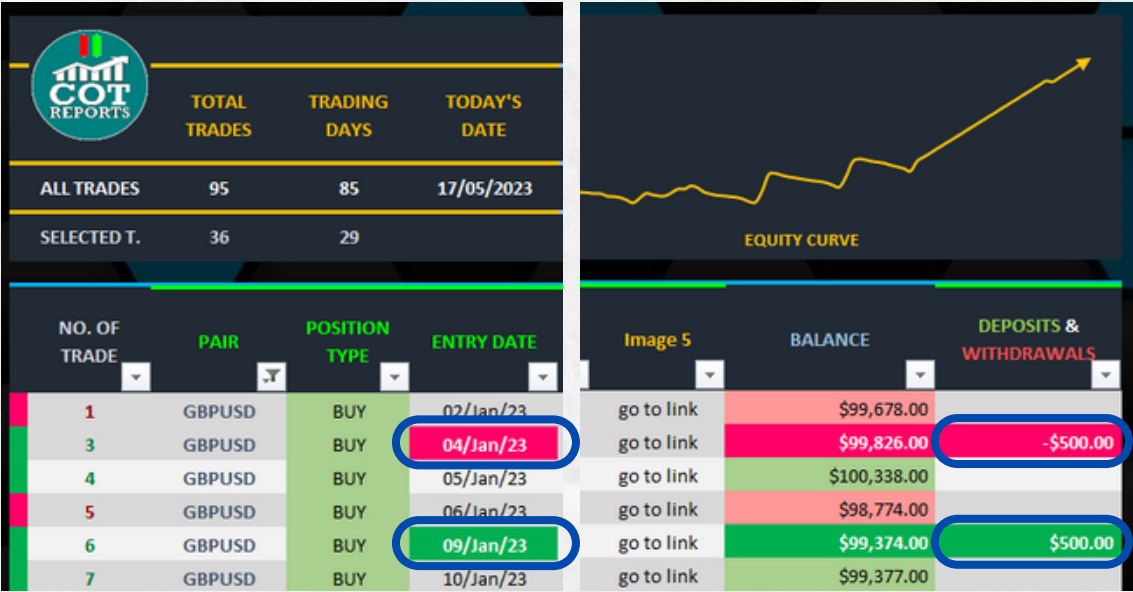
6: TRACKING DEPOSITS AND WITHDRAWALS

AUTOMATIC COLOR CODING FOR EASY IDENTIFICATION

To simplify the process of tracking deposits and withdrawals in your trading journal, I have incorporated a user-friendly feature that automatically highlights the corresponding dates when a deposit or withdrawal occurs.

When you deposit funds or initiate a withdrawal from your trading account, simply enter the deposited or withdrawn amount in the designated field within the journal. The system will automatically apply color-coding to the respective date, making it easily distinguishable at a glance.

The color-coded dates act as visual indicators, enabling you to quickly identify the specific dates on which deposits or withdrawals were made. This feature ensures that you maintain an accurate record of your financial transactions.



By effortlessly tracking your deposits and withdrawals, you can effectively monitor the flow of funds into and out of your trading account. This information plays a crucial role in evaluating the impact of deposits and withdrawals on your overall trading performance.

7. ENHANCED TRADE TRACKING

EFFICIENT TRADE CONTROL THROUGH STATUS TRACKING

When entering a trade, whether it be a market order, buy/sell stop, or limit order, you have the option to select from the following statuses: UNFILLED, CANCELED, RISK-FREE, LOW-RISK, RUNNING, or PENDING.

By default, when a trade is initially entered into the journal, it is assigned the "PENDING" status.

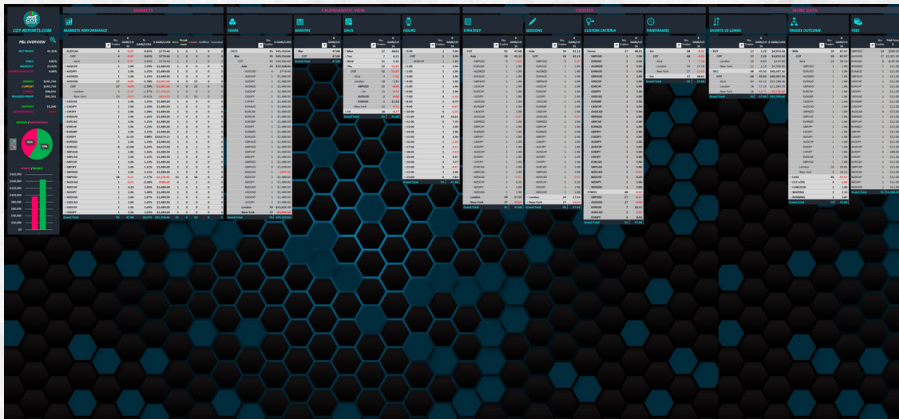
|           |       |       |          |
|-----------|-------|-------|----------|
| CLOSED    | \$750 | 0.55% | CUT-LOSS |
| UNFILLED  | \$750 | 0.55% | UNFILLED |
| RISK-FREE | \$750 | 0.54% | RUNNING  |
| LOW RISK  | \$750 | 0.54% | RUNNING  |
| RUNNING   | \$750 | 0.53% | RUNNING  |
| CANCELED  | \$750 | 0.53% | CANCELED |
| PENDING   | \$750 | 0.52% | WAITING  |

The colored statuses provide visual cues, enabling you to quickly assess the current status of each trade. You can easily differentiate between unfilled orders, canceled trades, risk-free or low-risk positions, and trades that are currently running.

This visual representation empowers you to stay informed about the status of your trades at a glance, making it easier to manage and control your pending or active orders.

## SHEET NO. 2

## COMPLETE STATISTICS



# FEATURES



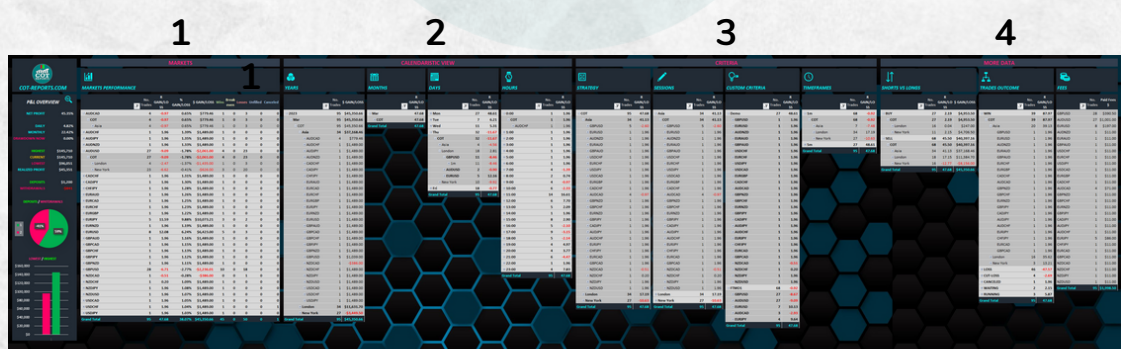
**COT-Reports.com**

## COMPLETE STATISTICS

### UNLOCKING THE POWER OF YOUR TRADING HISTORY

Welcome to the heart of my trading journal: the Complete Statistics sheet. This powerful tool allows you to dive deep into your trading history, providing a complete overview of your trading performance.

The Complete Statistics sheet consists of four main sections, each containing a set of carefully designed tables. These tables provide detailed insights and analysis, giving you a complete view of your trading journey.



The goal of this sheet is to provide traders with a convenient way to navigate through their complete performance and quickly identify significant gains or losses. Once identified, traders can utilize the 'Trading Journal' sheet to effortlessly filter trades based on various criteria. Additionally, the dashboard located at the top of the journal allows users to view results specifically for the selected trades.

Let's explore the categories and tables...

## 1. CATEGORY "MARKETS"

- You can track your performance across different markets and currency pairs with the "Markets Performance" pivot table.
- The pivot table shows your number of trades, gains and losses in different formats (R, %, and \$), and your win/loss/break-even/unfilled/canceled trades.

| MARKETS             |            |             |             |              |      |            |        |          |          |   |
|---------------------|------------|-------------|-------------|--------------|------|------------|--------|----------|----------|---|
| MARKETS PERFORMANCE |            |             |             |              |      |            |        |          |          |   |
|                     | No. Trades | R GAIN/LOSS | % GAIN/LOSS | \$ GAIN/LOSS | Wins | Break even | Losses | Unfilled | Canceled |   |
| ⊕AUDCAD             | 4          | -0.97       | 0.65%       | \$779.46     | 1    | 0          | 3      | 0        | 0        | 0 |
| ⊕AUDCHF             | 1          | 1.96        | 1.39%       | \$1,489.00   | 1    | 0          | 0      | 0        | 0        | 0 |
| ⊕AUDJPY             | 1          | 1.96        | 1.35%       | \$1,489.00   | 1    | 0          | 0      | 0        | 0        | 0 |
| ⊕AUDNZD             | 1          | 1.96        | 1.33%       | \$1,489.00   | 1    | 0          | 0      | 0        | 0        | 0 |
| ⊕AUDUSD             | 25         | -8.19       | -1.40%      | -\$1,681.00  | 3    | 0          | 22     | 0        | 0        | 0 |
| ⊕CADCHF             | 1          | 1.96        | 1.31%       | \$1,489.00   | 1    | 0          | 0      | 0        | 0        | 0 |
| ⊕CADJPY             | 1          | 1.96        | 1.30%       | \$1,489.00   | 1    | 0          | 0      | 0        | 0        | 0 |
| ⊕CHFJPY             | 1          | 1.96        | 1.28%       | \$1,489.00   | 1    | 0          | 0      | 0        | 0        | 0 |
| ⊕EURAUD             | 1          | 1.96        | 1.26%       | \$1,489.00   | 1    | 0          | 0      | 0        | 0        | 0 |
| ⊕EURCAD             | 1          | 1.96        | 1.25%       | \$1,489.00   | 1    | 0          | 0      | 0        | 0        | 0 |
| ⊕EURCHF             | 1          | 1.96        | 1.23%       | \$1,489.00   | 1    | 0          | 0      | 0        | 0        | 0 |
| ⊕EURGBP             | 1          | 1.96        | 1.22%       | \$1,489.00   | 1    | 0          | 0      | 0        | 0        | 0 |
| ⊕EURJPY             | 4          | 12.61       | 10.49%      | \$10,669.66  | 3    | 0          | 1      | 0        | 0        | 0 |
| ⊕EURNZD             | 1          | 1.96        | 1.19%       | \$1,489.00   | 1    | 0          | 0      | 0        | 0        | 0 |
| ⊕EURUSD             | 3          | -0.08       | 0.52%       | \$838.00     | 1    | 0          | 2      | 0        | 0        | 0 |
| ⊕GBPAUD             | 1          | 1.96        | 1.16%       | \$1,489.00   | 1    | 0          | 0      | 0        | 0        | 0 |
| ⊕GBPCAD             | 1          | 1.96        | 1.15%       | \$1,489.00   | 1    | 0          | 0      | 0        | 0        | 0 |
| ⊕GBPCHF             | 1          | 1.96        | 1.13%       | \$1,489.00   | 1    | 0          | 0      | 0        | 0        | 0 |
| ⊕GBPJPY             | 1          | 1.96        | 1.12%       | \$1,489.00   | 1    | 0          | 0      | 0        | 0        | 0 |
| ⊕GBPNZD             | 1          | 1.96        | 1.11%       | \$1,489.00   | 1    | 0          | 0      | 0        | 0        | 0 |
| ⊕GBPUSD             | 36         | 1.16        | 1.95%       | \$2,372.54   | 15   | 0          | 21     | 0        | 0        | 0 |
| ⊖ Strategy 1        | 35         | -0.79       | 0.85%       | \$883.54     | 14   | 0          | 21     | 0        | 0        | 0 |
| ⊖ Asia              | 4          | -4.56       | -0.45%      | -\$450.00    | 0    | 0          | 4      | 0        | 0        | 0 |
| ⊖ 5m                | 4          | -4.56       | -0.45%      | -\$450.00    | 0    | 0          | 4      | 0        | 0        | 0 |
| ⊖ Thu               | 4          | -4.56       | -0.45%      | -\$450.00    | 0    | 0          | 4      | 0        | 0        | 0 |
| ⊖ 7:00              | 3          | -3.34       | -0.34%      | -\$342.00    | 0    | 0          | 3      | 0        | 0        | 0 |
| LOSS                | 3          | -3.34       | -0.34%      | -\$342.00    | 0    | 0          | 3      | 0        | 0        | 0 |
| ⊕ 8:00              | 1          | -1.21       | -0.11%      | -\$108.00    | 0    | 0          | 1      | 0        | 0        | 0 |
| ⊕ London            | 28         | 6.76        | 3.56%       | \$3,617.04   | 14   | 0          | 14     | 0        | 0        | 0 |
| ⊕ New York          | 3          | -2.99       | -2.25%      | -\$2,283.50  | 0    | 0          | 3      | 0        | 0        | 0 |
| ⊕ Strategy 2        | 1          | 1.96        | 1.10%       | \$1,489.00   | 1    | 0          | 0      | 0        | 0        | 0 |
| ⊕ NZDCAD            | 1          | -0.51       | -0.28%      | -\$386.00    | 0    | 0          | 1      | 0        | 0        | 0 |
| ⊕ NZDCHF            | 1          | 1.96        | 1.09%       | \$1,489.00   | 1    | 0          | 0      | 0        | 0        | 0 |
| ⊕ NZDJPY            | 1          | 1.96        | 1.08%       | \$1,489.00   | 1    | 0          | 0      | 0        | 0        | 0 |
| ⊕ NZDUSD            | 1          | 1.96        | 1.07%       | \$1,489.00   | 1    | 0          | 0      | 0        | 0        | 0 |
| ⊕ USDCAD            | 1          | 1.96        | 1.05%       | \$1,489.00   | 1    | 0          | 0      | 0        | 0        | 0 |
| ⊕ USDCHF            | 1          | 1.96        | 1.04%       | \$1,489.00   | 1    | 0          | 0      | 0        | 0        | 0 |
| ⊕ USDJPY            | 1          | 1.96        | 1.03%       | \$1,489.00   | 1    | 0          | 0      | 0        | 0        | 0 |
| Grand Total         | 95         | 47.08       | 38.07%      | \$45,350.66  | 45   | 0          | 50     | 0        | 0        | 0 |

## 2. CATEGORY "CALENDARISTIC VIEW"

- You can get a bird's-eye view of your trading history over the **years, months, days, and hours** with the four pivot tables in this category.
- Each pivot table shows your number of trades and gains/losses in different formats for different time periods and positions types (long/short).
- You can see which months, days, and hours are more profitable for you, and adjust your trading strategies accordingly.

| CALENDARISTIC VIEW |            |              |  |             |             |  |  |             |             |        |  |             |             |       |  |
|--------------------|------------|--------------|--|-------------|-------------|--|--|-------------|-------------|--------|--|-------------|-------------|-------|--|
| YEARS              |            |              |  | MONTHS      |             |  |  | DAYS        |             |        |  | HOURS       |             |       |  |
|                    | No. Trades | \$ GAIN/LOSS |  |             | R GAIN/LOSS |  |  | No. Trades  | R GAIN/LOSS |        |  | No. Trades  | R GAIN/LOSS |       |  |
| 2023               | 95         | \$45,350.66  |  | Mar         | 47.08       |  |  | Mon         | 27          | 50.37  |  | 0:00        | 1           | 1.96  |  |
| Mar                | 95         | \$45,350.66  |  | Strategy 1  | -2.22       |  |  | Tue         | 7           | 6.21   |  | 1:00        | 1           | 1.96  |  |
| Strategy 1         | 67         | \$7,492.66   |  | Asia        | -9.47       |  |  | Wed         | 11          | 5.31   |  | 2:00        | 1           | 1.96  |  |
| Asia               | 9          | -\$2,029.54  |  | London      | 14.82       |  |  | Thu         | 32          | -14.04 |  | 3:00        | 1           | 1.96  |  |
| London             | 34         | \$11,631.70  |  | 1m          | 0.98        |  |  | Strategy 1  | 32          | -14.04 |  | 4:00        | 1           | 1.96  |  |
| AUDUSD             | 2          | -\$1,055.00  |  | 3m          | 8.62        |  |  | Asia        | 5           | -5.54  |  | 5:00        | 1           | 1.96  |  |
| 5m                 | 2          | -\$1,055.00  |  | 4m          | -1.02       |  |  | London      | 18          | 0.44   |  | 6:00        | 1           | 1.96  |  |
| Fri                | 2          | -\$1,055.00  |  | 5m          | 10.36       |  |  | 1m          | 4           | 0.98   |  | 7:00        | 4           | -1.39 |  |
| BUY                | 2          | -\$1,055.00  |  | 15m         | -2.04       |  |  | 3m          | 5           | 8.62   |  | 8:00        | 2           | 0.74  |  |
| EURJPY             | 3          | \$9,180.66   |  | 1h          | -2.08       |  |  | 5m          | 5           | -5.04  |  | 9:00        | 4           | -0.97 |  |
| EURUSD             | 1          | -\$111.00    |  | New York    | -7.58       |  |  | 15m         | 2           | -2.04  |  | 10:00       | 20          | 1.46  |  |
| GBPUSD             | 28         | \$3,617.04   |  | Strategy 2  | 49.30       |  |  | 1h          | 2           | -2.08  |  | Strategy 1  | 19          | -0.50 |  |
| New York           | 24         | -\$2,109.50  |  | Grand Total | 47.08       |  |  | New York    | 9           | -8.94  |  | 1m          | 4           | 0.98  |  |
| Strategy 2         | 28         | \$37,858.00  |  |             |             |  |  | Fri         | 18          | -0.77  |  | 3m          | 5           | 8.62  |  |
| Grand Total        | 95         | \$45,350.66  |  |             |             |  |  | Grand Total | 95          | 47.08  |  | GBPUSD      | 5           | 8.62  |  |
|                    |            |              |  |             |             |  |  |             |             |        |  | BUY         | 5           | 8.62  |  |
|                    |            |              |  |             |             |  |  |             |             |        |  | 5m          | 6           | -5.98 |  |
|                    |            |              |  |             |             |  |  |             |             |        |  | 15m         | 2           | -2.04 |  |
|                    |            |              |  |             |             |  |  |             |             |        |  | 1h          | 2           | -2.08 |  |
|                    |            |              |  |             |             |  |  |             |             |        |  | Strategy 2  | 1           | 1.96  |  |
|                    |            |              |  |             |             |  |  |             |             |        |  | 11:00       | 9           | 14.20 |  |
|                    |            |              |  |             |             |  |  |             |             |        |  | 12:00       | 4           | 3.04  |  |
|                    |            |              |  |             |             |  |  |             |             |        |  | 13:00       | 2           | 0.97  |  |
|                    |            |              |  |             |             |  |  |             |             |        |  | 14:00       | 1           | 1.96  |  |
|                    |            |              |  |             |             |  |  |             |             |        |  | 15:00       | 5           | 4.01  |  |
|                    |            |              |  |             |             |  |  |             |             |        |  | 16:00       | 5           | -2.10 |  |
|                    |            |              |  |             |             |  |  |             |             |        |  | 17:00       | 8           | -2.21 |  |
|                    |            |              |  |             |             |  |  |             |             |        |  | 18:00       | 5           | -2.14 |  |
|                    |            |              |  |             |             |  |  |             |             |        |  | 19:00       | 4           | 4.97  |  |
|                    |            |              |  |             |             |  |  |             |             |        |  | 20:00       | 4           | 3.77  |  |
|                    |            |              |  |             |             |  |  |             |             |        |  | 21:00       | 5           | -1.73 |  |
|                    |            |              |  |             |             |  |  |             |             |        |  | 22:00       | 1           | 1.96  |  |
|                    |            |              |  |             |             |  |  |             |             |        |  | 23:00       | 5           | 6.84  |  |
|                    |            |              |  |             |             |  |  |             |             |        |  | Grand Total | 95          | 47.08 |  |

### 3. CATEGORY "CRITERIA"

- You can analyze your performance based on different criteria (including custom) with the four pivot tables in this category.
- For example, you can see which **strategies**, **sessions**, or **custom criteria** are more profitable for you, and focus on them.
- You can also compare your performance across different **time frames**.

| CRITERIA             |                      |                      |                      |
|----------------------|----------------------|----------------------|----------------------|
| STRATEGIES           | SESSIONS             | CUSTOM CRITERIA      | TIMEFRAMES           |
| No. Trades           | No. Trades           | No. Trades           | No. Trades           |
| R GAIN/LOS S         | R GAIN/LOS S         | R GAIN/LOS S         | R GAIN/LOS S         |
| Strategy 1           | Asia                 | Demo                 | 1m                   |
| 4 0.98               | 9 -9.47              | 27 50.37             | 4 0.98               |
| 3m 5 8.62            | 5m 9 -9.47           | Strategy 2 27 50.37  | 3m 5 8.62            |
| 4m 1 -1.02           | AUDUSD 2 -1.98       | FTMO1 68 -3.29       | 4m 1 -1.02           |
| 5m 53 -6.69          | AUDCAD 3 -2.93       | Strategy 1 67 -2.22  | 5m 81 42.61          |
| Asia 9 -9.47         | GBPUUSD 4 -4.56      | Strategy 2 1 -1.07   | Strategy 1 53 -6.69  |
| AUDCAD 3 -2.93       | Strategy 2 27 50.37  | Grand Total 95 47.08 | Asia 9 -9.47         |
| AUDUSD 2 -1.98       | London 34 14.82      |                      | London 20 10.36      |
| GBPUUSD 4 -4.56      | Strategy 1 34 14.82  |                      | New York 24 -7.58    |
| London 20 10.36      | 1m 4 0.98            |                      | AUDUSD 20 -3.57      |
| New York 24 -7.58    | 3m 5 8.62            |                      | EURUSD 1 -1.02       |
| 15m 2 -2.04          | 4m 1 -1.02           |                      | GBPUUSD 3 -2.99      |
| 1h 2 -2.08           | 5m 20 10.36          |                      | Strategy 2 28 49.30  |
| Strategy 2 28 49.30  | AUDUSD 2 -1.57       |                      | Asia 27 50.37        |
| Grand Total 95 47.08 | EURIPY 3 10.66       |                      | New York 1 -1.07     |
|                      | EURUSD 1 -1.02       |                      | AUDUSD 1 -1.07       |
|                      | GBPUUSD 14 2.29      |                      | 15m 2 -2.04          |
|                      | 15m 2 -2.04          |                      | 1h 2 -2.08           |
|                      | 1h 2 -2.08           |                      | Grand Total 95 47.08 |
|                      | New York 25 -8.64    |                      |                      |
|                      | Strategy 1 24 -7.58  |                      |                      |
|                      | 5m 24 -7.58          |                      |                      |
|                      | AUDUSD 20 -3.57      |                      |                      |
|                      | EURUSD 1 -1.02       |                      |                      |
|                      | GBPUUSD 3 -2.99      |                      |                      |
|                      | Strategy 2 1 -1.07   |                      |                      |
|                      | Grand Total 95 47.08 |                      |                      |

#### 4. CATEGORY "MORE DATA"

- You can dive deeper into your trading history with the three pivot tables in this category.
- You can compare your performance between **long and short positions**, and see which pairs and strategies are more profitable for each position type.
- You can also analyze your **trades' outcomes** and **fees**, and optimize your trading plan accordingly.

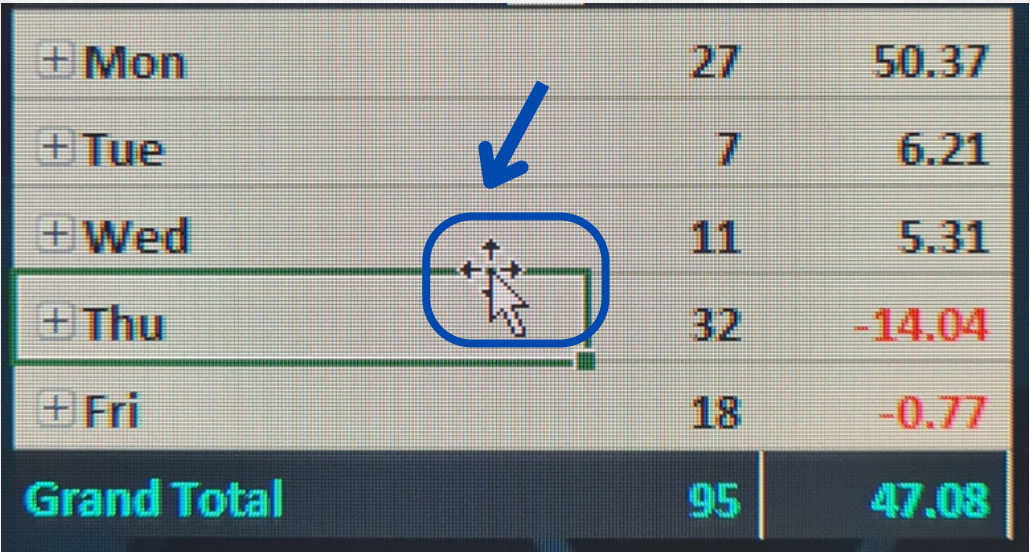
| MORE DATA                                            |            |             |              |                                                     |            |             |  |                                           |               |
|------------------------------------------------------|------------|-------------|--------------|-----------------------------------------------------|------------|-------------|--|-------------------------------------------|---------------|
| <div> <div>↕</div> <div>SHORTS VS LONGS</div> </div> |            |             |              | <div> <div>📊</div> <div>TRADES OUTCOME</div> </div> |            |             |  | <div> <div>💰</div> <div>FEES</div> </div> |               |
|                                                      | No. Trades | R GAIN/LOSS | \$ GAIN/LOSS |                                                     | No. Trades | R GAIN/LOSS |  | No. Trades                                | Paid Fees \$  |
| BUY                                                  | 77         | 44.45       | \$41,521.50  | WIN                                                 | 45         | 96.95       |  | AUDCAD                                    | 4 \$71.00     |
| Strategy 1                                           | 49         | -4.85       | \$3,663.50   | Strategy 1                                          | 19         | 46.08       |  | AUDCHF                                    | 1 \$11.00     |
| + Asia                                               | 6          | -6.54       | -\$1,320.00  | + London                                            | 16         | 32.87       |  | AUDJPY                                    | 1 \$11.00     |
| + London                                             | 29         | 2.49        | \$1,912.00   | + New York                                          | 3          | 13.21       |  | AUDNZD                                    | 1 \$11.00     |
| + New York                                           | 14         | -0.80       | \$3,071.50   | Strategy 2                                          | 26         | 50.87       |  | AUDUSD                                    | 25 \$956.00   |
| Strategy 2                                           | 28         | 49.30       | \$37,858.00  | LOSS                                                | 45         | -46.55      |  | CADCHF                                    | 1 \$11.00     |
| SELL                                                 | 18         | 2.63        | \$3,829.16   | Strategy 1                                          | 44         | -45.48      |  | CADJPY                                    | 1 \$11.00     |
| Strategy 1                                           | 18         | 2.63        | \$3,829.16   | + Asia                                              | 9          | -9.47       |  | CHFJPY                                    | 1 \$11.00     |
| + Asia                                               | 3          | -2.93       | -\$709.54    | + London                                            | 16         | -16.83      |  | EURAUD                                    | 1 \$11.00     |
| + London                                             | 5          | 12.34       | \$9,719.70   | + New York                                          | 19         | -19.19      |  | EURCAD                                    | 1 \$11.00     |
| + New York                                           | 10         | -6.78       | -\$5,181.00  | Strategy 2                                          | 1          | -1.07       |  | EURCHF                                    | 1 \$11.00     |
| Grand Total                                          | 95         | 47.08       | \$45,350.66  | + CUT-LOSS                                          | 5          | -3.33       |  | EURGBP                                    | 1 \$11.00     |
|                                                      |            |             |              | Grand Total                                         | 95         | 47.08       |  | EURJPY                                    | 4 \$71.00     |
|                                                      |            |             |              |                                                     |            |             |  | EURNZD                                    | 1 \$11.00     |
|                                                      |            |             |              |                                                     |            |             |  | EURUSD                                    | 3 \$32.00     |
|                                                      |            |             |              |                                                     |            |             |  | GBPAUD                                    | 1 \$11.00     |
|                                                      |            |             |              |                                                     |            |             |  | GBPCHF                                    | 1 \$11.00     |
|                                                      |            |             |              |                                                     |            |             |  | GBPCAD                                    | 1 \$11.00     |
|                                                      |            |             |              |                                                     |            |             |  | GBPJPY                                    | 1 \$11.00     |
|                                                      |            |             |              |                                                     |            |             |  | GBPNZD                                    | 1 \$11.00     |
|                                                      |            |             |              |                                                     |            |             |  | GBPUSD                                    | 36 \$615.50   |
|                                                      |            |             |              |                                                     |            |             |  | NZDCAD                                    | 1 \$11.00     |
|                                                      |            |             |              |                                                     |            |             |  | NZDCHF                                    | 1 \$11.00     |
|                                                      |            |             |              |                                                     |            |             |  | NZDJPY                                    | 1 \$11.00     |
|                                                      |            |             |              |                                                     |            |             |  | NZDUSD                                    | 1 \$11.00     |
|                                                      |            |             |              |                                                     |            |             |  | USDCAD                                    | 1 \$11.00     |
|                                                      |            |             |              |                                                     |            |             |  | USDCHF                                    | 1 \$11.00     |
|                                                      |            |             |              |                                                     |            |             |  | USDJPY                                    | 1 \$11.00     |
|                                                      |            |             |              |                                                     |            |             |  | Grand Total                               | 95 \$1,998.50 |

The **Complete Statistics** sheet provides you with a wealth of valuable information. It allows you to assess your strategies, discover areas of strength and weakness, and enhance your trading approach.

### HOW TO ORGANIZE YOUR DATA IN PIVOT TABLES

To move data within a pivot table, follow these steps:

1. Locate the cross with arrows icon at the top of each column or row within the pivot table. It allows you to rearrange and reorganize the data.
2. Click and hold the cross with arrows icon to activate the drag and drop functionality.
3. Drag the icon to the desired location within the pivot table. As you drag the icon, you will notice a preview of where the data will be moved.
4. Release the mouse button to drop the data into the new position.
5. The pivot table will automatically update and reflect the changes you made.



|             |    |        |
|-------------|----|--------|
| ⊕ Mon       | 27 | 50.37  |
| ⊕ Tue       | 7  | 6.21   |
| ⊕ Wed       | 11 | 5.31   |
| ⊕ Thu       | 32 | -14.04 |
| ⊕ Fri       | 18 | -0.77  |
| Grand Total | 95 | 47.08  |

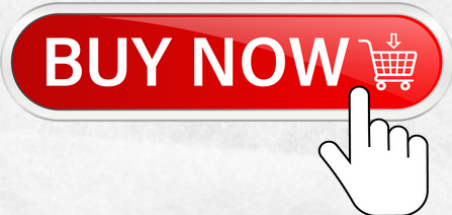
Remember, by moving data within the pivot table, you can easily reconfigure the layout and presentation of your data for better analysis and insights.

SHEET NO. 3

DASHBOARD



FEATURES



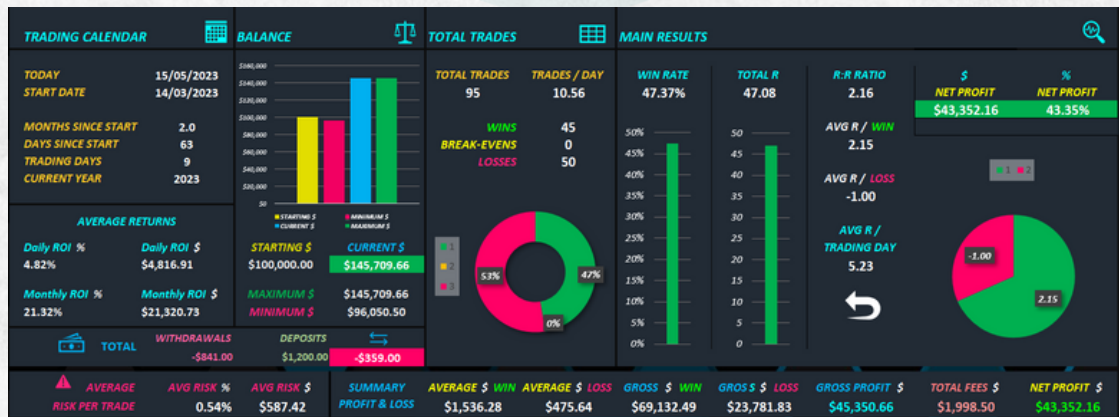
COT-Reports.com

DASHBOARD

NAVIGATE YOUR TRADING JOURNEY WITH THE DASHBOARD

Welcome to the **Dashboard**, your ultimate trading companion. This powerful sheet provides an overview of your trading performance with important numbers, informative charts, and valuable statistics.

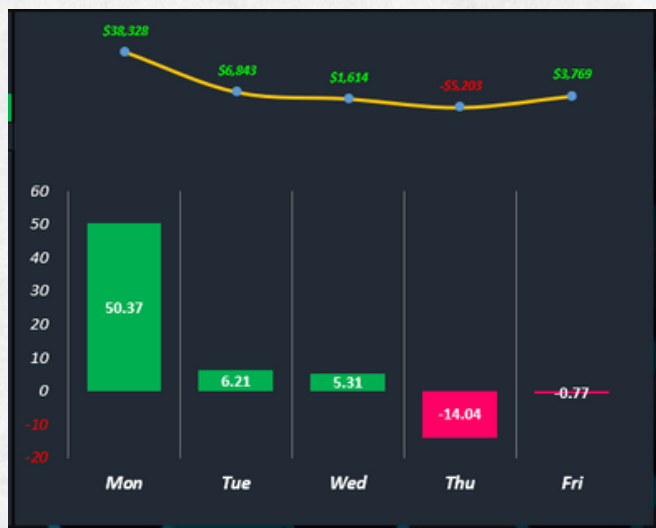
With just a quick look, you can assess your account balance, track past losses, and analyze your performance on a daily, hourly, monthly, and yearly basis. Explore the average values, highest and lowest points, transaction fees, deposits, withdrawals, and more.



The Dashboard is designed to give you a complete understanding of your trading journey.

DAILY PERFORMANCE

Check out the daily performance charts showcasing the gains and losses in 'R' and '\$' for each trading day.



## HOURLY PERFORMANCE

Take a look at the hourly performance charts displaying the 'R' and '\$' gains and losses for each hour.



This chart provides valuable insights, helping you identify optimal trading hours for maximizing gains and when it might be better to remain on the sidelines.

## EQUITY CURVE & ACCOUNT DRAWDOWNS



The Equity Curve chart showcases the growth of your account over time, illustrating the ups and downs, highs and lows of your trading performance. Meanwhile, the Account Drawdowns chart highlights the periods of decline or loss in your account balance.

These charts provide a clear picture of your trading progress.

Explore additional sections of the Dashboard on the following page..

MORE DATA AVAILABLE

|                   |                    |                       |                       |                       |
|-------------------|--------------------|-----------------------|-----------------------|-----------------------|
| LARGEST<br>WIN \$ | LARGEST<br>LOSS \$ | MINIMUM<br>BALANCE \$ | CURRENT<br>BALANCE \$ | MAXIMUM<br>BALANCE \$ |
| \$6,094           | -\$1,610           | \$96,051              | \$145,710             | \$145,710             |

|                    |                     |                         |                     |
|--------------------|---------------------|-------------------------|---------------------|
| AVERAGE<br>R / WIN | AVERAGE<br>R / LOSS | AVERAGE<br>TRADES / DAY | AVERAGE<br>DURATION |
| 2.15               | -1.00               | 10.56                   | 01:59:50            |

|                     |                        |                        |                        |                         |
|---------------------|------------------------|------------------------|------------------------|-------------------------|
| WIN / LOSS<br>RATIO | RISK : REWARD<br>RATIO | GAIN / LOSS<br>TOTAL R | GAIN / LOSS<br>TOTAL % | GAIN / LOSS<br>TOTAL \$ |
| 0.90                | 2.16                   | 47.08                  | 45.35%                 | \$45,351                |

|                                                                                     |         |            |             |
|-------------------------------------------------------------------------------------|---------|------------|-------------|
|  | AVERAGE | AVG RISK % | AVG RISK \$ |
| RISK PER TRADE                                                                      |         | 0.54%      | \$587.42    |

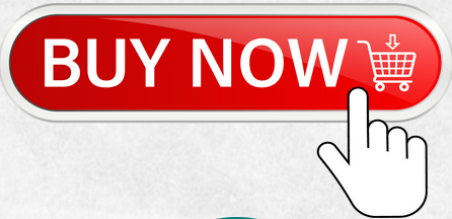
|                |                 |              |               |                 |               |               |
|----------------|-----------------|--------------|---------------|-----------------|---------------|---------------|
| AVERAGE \$ WIN | AVERAGE \$ LOSS | GROSS \$ WIN | GROSS \$ LOSS | GROSS PROFIT \$ | TOTAL FEES \$ | NET PROFIT \$ |
| \$1,536.28     | \$475.64        | \$69,132.49  | \$23,781.83   | \$45,350.66     | \$1,998.50    | \$43,352.16   |

|                         |            |            |             |
|-------------------------|------------|------------|-------------|
| SUMMARY<br>TICKS / PIPS | AVERAGE TP | AVERAGE SL | GAIN / LOSS |
|                         | 136        | 59         | 3,716       |

View more data from your trading activities. Access data about the average risk per trade, cumulative P&L in ticks or pips, evaluate your largest wins and losses, track the minimum and maximum balance, measure your win/loss ratio, calculate your risk-reward ratio (RRR), and review total gains in 'R', '\$', and '%'.

| P&L CALENDAR |                  |             |         |               |                  |             |         |            |                  |             |         |         |                  |             |          |
|--------------|------------------|-------------|---------|---------------|------------------|-------------|---------|------------|------------------|-------------|---------|---------|------------------|-------------|----------|
| 2023         |                  |             |         |               |                  |             |         |            |                  |             |         |         |                  |             |          |
| January 2023 |                  |             |         | February 2023 |                  |             |         | March 2023 |                  |             |         | 2023    |                  |             |          |
| DAY NO.      | DAILY P&L        | WEEKLY P&L  | MONTHLY | DAY NO.       | DAILY P&L        | WEEKLY P&L  | MONTHLY | DAY NO.    | DAILY P&L        | WEEKLY P&L  | MONTHLY | DAY NO. | DAILY P&L        | WEEKLY P&L  | MONTHLY  |
| Day 1        | Mon, 2 Jan 2023  | \$16,475.00 |         | Day 9         | Wed, 1 Feb 2023  | -\$630.00   |         | Day 31     | Wed, 1 Mar 2023  | -\$680.00   |         | Day 1   | Mon, 5 Mar 2023  | -\$650.00   |          |
| Day 2        | Tue, 3 Jan 2023  |             |         | Day 10        | Thu, 2 Feb 2023  | -\$640.00   |         | Day 32     | Thu, 2 Mar 2023  | -\$650.00   |         | Day 2   | Tue, 6 Mar 2023  | -\$650.00   |          |
| Day 3        | Wed, 4 Jan 2023  |             | Week 2  | Day 11        | Fri, 3 Feb 2023  | -\$630.00   | Week 6  | Day 33     | Fri, 3 Mar 2023  | -\$620.00   | Week 10 | Day 3   | Fri, 9 Mar 2023  | -\$620.00   | -\$2,130 |
| Day 4        | Thu, 5 Jan 2023  |             |         | Day 12        | Sat, 4 Feb 2023  | -\$810.00   |         | Day 34     | Sat, 4 Mar 2023  | -\$410.00   |         | Day 4   | Sat, 10 Mar 2023 | -\$630.00   |          |
| Day 5        | Fri, 6 Jan 2023  |             |         | Day 13        | Sun, 5 Feb 2023  | -\$1,125.00 |         | Day 35     | Sun, 5 Mar 2023  | -\$830.00   |         | Day 5   | Sun, 11 Mar 2023 | -\$640.00   |          |
| Day 6        | Sat, 7 Jan 2023  |             |         | Day 14        | Mon, 6 Feb 2023  |             |         | Day 36     | Mon, 6 Mar 2023  | -\$645.00   |         | Day 6   | Mon, 12 Mar 2023 | -\$645.00   |          |
| Day 7        | Sun, 8 Jan 2023  |             |         | Day 15        | Tue, 7 Feb 2023  | -\$1,170.00 |         | Day 37     | Tue, 7 Mar 2023  | -\$630.00   |         | Day 7   | Tue, 13 Mar 2023 | -\$630.00   |          |
| Day 8        | Mon, 9 Jan 2023  |             |         | Day 16        | Wed, 8 Feb 2023  | -\$1,510.00 |         | Day 38     | Wed, 8 Mar 2023  | -\$830.00   |         | Day 8   | Wed, 14 Mar 2023 | -\$830.00   |          |
| Day 9        | Tue, 10 Jan 2023 |             | Week 3  | Day 17        | Thu, 9 Feb 2023  | -\$860.00   |         | Day 39     | Thu, 9 Mar 2023  | -\$1,770.00 |         | Day 9   | Thu, 15 Mar 2023 | -\$1,770.00 | -\$470   |
| Day 10       | Wed, 11 Jan 2023 | \$0         |         | Day 18        | Fri, 10 Feb 2023 | -\$1,555.00 | Week 7  | Day 40     | Fri, 10 Mar 2023 | -\$845.00   | Week 11 | Day 10  | Fri, 16 Mar 2023 | -\$1,170.00 |          |
| Day 11       | Thu, 12 Jan 2023 |             |         | Day 19        | Sat, 11 Feb 2023 | -\$2,645.00 |         | Day 41     | Sat, 11 Mar 2023 | -\$1,170.00 |         | Day 11  | Sun, 17 Mar 2023 | -\$680.00   |          |
| Day 12       | Fri, 13 Jan 2023 |             |         | Day 20        | Sun, 12 Feb 2023 | -\$1,730.00 |         | Day 42     | Sun, 12 Mar 2023 | -\$680.00   |         | Day 12  | Mon, 18 Mar 2023 | -\$680.00   |          |
| Day 13       | Sat, 14 Jan 2023 |             |         | Day 21        | Mon, 13 Feb 2023 | -\$690.00   |         | Day 43     | Mon, 13 Mar 2023 | -\$860.00   |         | Day 13  | Tue, 19 Mar 2023 | -\$860.00   |          |
| Day 14       | Sun, 15 Jan 2023 |             |         | Day 22        | Tue, 14 Feb 2023 | -\$690.00   |         | Day 44     | Tue, 14 Mar 2023 | -\$695.00   |         | Day 14  | Wed, 20 Mar 2023 | -\$2,445.00 | -\$450   |
| Day 15       | Mon, 16 Jan 2023 |             | Week 4  | Day 23        | Wed, 15 Feb 2023 | -\$2,570.00 |         | Day 45     | Wed, 15 Mar 2023 | -\$2,445.00 | Week 12 | Day 15  | Thu, 16 Mar 2023 | -\$1,770.00 |          |
| Day 16       | Tue, 17 Jan 2023 |             |         | Day 24        | Thu, 16 Feb 2023 | -\$680.00   | Week 8  | Day 46     | Thu, 16 Mar 2023 | -\$665.00   |         | Day 16  | Fri, 17 Mar 2023 | -\$665.00   | -\$5,120 |
| Day 17       | Wed, 18 Jan 2023 |             |         | Day 25        | Fri, 17 Feb 2023 |             |         | Day 47     | Fri, 17 Mar 2023 | -\$665.00   |         | Day 17  | Sat, 18 Mar 2023 | -\$665.00   |          |
| Day 18       | Thu, 19 Jan 2023 | \$0         |         | Day 26        | Sat, 18 Feb 2023 |             |         | Day 48     | Sat, 18 Mar 2023 | -\$665.0    |         |         |                  |             |          |

# FEATURES



# COT-Reports.com

INTRODUCING THE P&L CALENDAR

SEE YOUR TRADING PERFORMANCE WITH THE P&L CALENDAR

Welcome to the P&L Calendar, a powerful sheet designed to provide you with a complete overview of your trading performance on a **yearly, monthly, weekly** and **daily basis**. With its user-friendly interface and automatic calculations, this tool empowers you to analyze your historical trading activity, track your profits and losses, plan next trades and more.

| P&L CALENDAR     |           |            |         |                  |           |            |         |                  |           |            |         |
|------------------|-----------|------------|---------|------------------|-----------|------------|---------|------------------|-----------|------------|---------|
| 2023             |           |            |         |                  |           |            |         |                  |           |            |         |
| January          |           |            |         | February         |           |            |         | March            |           |            |         |
| 2023             |           |            |         | 2023             |           |            |         | 2023             |           |            |         |
| DAY NO.          | DAILY P&L | WEEKLY P&L | MONTHLY | DAY NO.          | DAILY P&L | WEEKLY P&L | MONTHLY | DAY NO.          | DAILY P&L | WEEKLY P&L | MONTHLY |
| Mon, 1 Jan 2023  |           |            |         | Mon, 6 Feb 2023  |           |            |         | Mon, 6 Mar 2023  |           |            |         |
| Tue, 2 Jan 2023  |           |            |         | Tue, 7 Feb 2023  |           |            |         | Tue, 7 Mar 2023  |           |            |         |
| Wed, 3 Jan 2023  |           |            |         | Wed, 8 Feb 2023  |           |            |         | Wed, 8 Mar 2023  |           |            |         |
| Thu, 4 Jan 2023  |           |            |         | Thu, 9 Feb 2023  |           |            |         | Thu, 9 Mar 2023  |           |            |         |
| Fri, 5 Jan 2023  |           |            |         | Fri, 10 Feb 2023 |           |            |         | Fri, 10 Mar 2023 |           |            |         |
| Sat, 6 Jan 2023  |           |            |         | Sat, 11 Feb 2023 |           |            |         | Sat, 11 Mar 2023 |           |            |         |
| Sun, 7 Jan 2023  |           |            |         | Sun, 12 Feb 2023 |           |            |         | Sun, 12 Mar 2023 |           |            |         |
| Mon, 8 Jan 2023  |           |            |         | Mon, 13 Feb 2023 |           |            |         | Mon, 13 Mar 2023 |           |            |         |
| Tue, 9 Jan 2023  |           |            |         | Tue, 14 Feb 2023 |           |            |         | Tue, 14 Mar 2023 |           |            |         |
| Wed, 10 Jan 2023 |           |            |         | Wed, 15 Feb 2023 |           |            |         | Wed, 15 Mar 2023 |           |            |         |
| Thu, 11 Jan 2023 |           |            |         | Thu, 16 Feb 2023 |           |            |         | Thu, 16 Mar 2023 |           |            |         |
| Fri, 12 Jan 2023 |           |            |         | Fri, 17 Feb 2023 |           |            |         | Fri, 17 Mar 2023 |           |            |         |
| Sat, 13 Jan 2023 |           |            |         | Sat, 18 Feb 2023 |           |            |         | Sat, 18 Mar 2023 |           |            |         |
| Sun, 14 Jan 2023 |           |            |         | Sun, 19 Feb 2023 |           |            |         | Sun, 19 Mar 2023 |           |            |         |
| Mon, 15 Jan 2023 |           |            |         | Mon, 20 Feb 2023 |           |            |         | Mon, 20 Mar 2023 |           |            |         |
| Tue, 16 Jan 2023 |           |            |         | Tue, 21 Feb 2023 |           |            |         | Tue, 21 Mar 2023 |           |            |         |
| Wed, 17 Jan 2023 |           |            |         | Wed, 22 Feb 2023 |           |            |         | Wed, 22 Mar 2023 |           |            |         |
| Thu, 18 Jan 2023 |           |            |         | Thu, 23 Feb 2023 |           |            |         | Thu, 23 Mar 2023 |           |            |         |
| Fri, 19 Jan 2023 |           |            |         | Fri, 24 Feb 2023 |           |            |         | Fri, 24 Mar 2023 |           |            |         |
| Sat, 20 Jan 2023 |           |            |         | Sat, 25 Feb 2023 |           |            |         | Sat, 25 Mar 2023 |           |            |         |
| Sun, 21 Jan 2023 |           |            |         | Sun, 26 Feb 2023 |           |            |         | Sun, 26 Mar 2023 |           |            |         |
| Mon, 22 Jan 2023 |           |            |         | Mon, 27 Feb 2023 |           |            |         | Mon, 27 Mar 2023 |           |            |         |
| Tue, 23 Jan 2023 |           |            |         | Tue, 28 Feb 2023 |           |            |         | Tue, 28 Mar 2023 |           |            |         |
| Wed, 24 Jan 2023 |           |            |         |                  |           |            |         | Wed, 29 Mar 2023 |           |            |         |
| Thu, 25 Jan 2023 |           |            |         |                  |           |            |         | Thu, 30 Mar 2023 |           |            |         |
| Fri, 26 Jan 2023 |           |            |         |                  |           |            |         | Fri, 31 Mar 2023 |           |            |         |
| Sat, 27 Jan 2023 |           |            |         |                  |           |            |         | Sat, 1 Apr 2023  |           |            |         |
| Sun, 28 Jan 2023 |           |            |         |                  |           |            |         | Sun, 2 Apr 2023  |           |            |         |
| Mon, 29 Jan 2023 |           |            |         |                  |           |            |         | Mon, 3 Apr 2023  |           |            |         |
| Tue, 30 Jan 2023 |           |            |         |                  |           |            |         | Tue, 4 Apr 2023  |           |            |         |
| Wed, 31 Jan 2023 |           |            |         |                  |           |            |         | Wed, 5 Apr 2023  |           |            |         |
| Thu, 1 Feb 2023  |           |            |         |                  |           |            |         | Thu, 6 Apr 2023  |           |            |         |
| Fri, 2 Feb 2023  |           |            |         |                  |           |            |         | Fri, 7 Apr 2023  |           |            |         |
| Sat, 3 Feb 2023  |           |            |         |                  |           |            |         | Sat, 8 Apr 2023  |           |            |         |
| Sun, 4 Feb 2023  |           |            |         |                  |           |            |         | Sun, 9 Apr 2023  |           |            |         |
| Mon, 5 Feb 2023  |           |            |         |                  |           |            |         | Mon, 10 Apr 2023 |           |            |         |
| Tue, 6 Feb 2023  |           |            |         |                  |           |            |         | Tue, 11 Apr 2023 |           |            |         |
| Wed, 7 Feb 2023  |           |            |         |                  |           |            |         | Wed, 12 Apr 2023 |           |            |         |
| Thu, 8 Feb 2023  |           |            |         |                  |           |            |         | Thu, 13 Apr 2023 |           |            |         |
| Fri, 9 Feb 2023  |           |            |         |                  |           |            |         | Fri, 14 Apr 2023 |           |            |         |
| Sat, 10 Feb 2023 |           |            |         |                  |           |            |         | Sat, 15 Apr 2023 |           |            |         |
| Sun, 11 Feb 2023 |           |            |         |                  |           |            |         | Sun, 16 Apr 2023 |           |            |         |
| Mon, 12 Feb 2023 |           |            |         |                  |           |            |         | Mon, 17 Apr 2023 |           |            |         |
| Tue, 13 Feb 2023 |           |            |         |                  |           |            |         | Tue, 18 Apr 2023 |           |            |         |
| Wed, 14 Feb 2023 |           |            |         |                  |           |            |         | Wed, 19 Apr 2023 |           |            |         |
| Thu, 15 Feb 2023 |           |            |         |                  |           |            |         | Thu, 20 Apr 2023 |           |            |         |
| Fri, 16 Feb 2023 |           |            |         |                  |           |            |         | Fri, 21 Apr 2023 |           |            |         |
| Sat, 17 Feb 2023 |           |            |         |                  |           |            |         | Sat, 22 Apr 2023 |           |            |         |
| Sun, 18 Feb 2023 |           |            |         |                  |           |            |         | Sun, 23 Apr 2023 |           |            |         |
| Mon, 19 Feb 2023 |           |            |         |                  |           |            |         | Mon, 24 Apr 2023 |           |            |         |
| Tue, 20 Feb 2023 |           |            |         |                  |           |            |         | Tue, 25 Apr 2023 |           |            |         |
| Wed, 21 Feb 2023 |           |            |         |                  |           |            |         | Wed, 26 Apr 2023 |           |            |         |
| Thu, 22 Feb 2023 |           |            |         |                  |           |            |         | Thu, 27 Apr 2023 |           |            |         |
| Fri, 23 Feb 2023 |           |            |         |                  |           |            |         | Fri, 28 Apr 2023 |           |            |         |
| Sat, 24 Feb 2023 |           |            |         |                  |           |            |         | Sat, 29 Apr 2023 |           |            |         |
| Sun, 25 Feb 2023 |           |            |         |                  |           |            |         | Sun, 30 Apr 2023 |           |            |         |
| Mon, 26 Feb 2023 |           |            |         |                  |           |            |         |                  |           |            |         |
| Tue, 27 Feb 2023 |           |            |         |                  |           |            |         |                  |           |            |         |
| Wed, 28 Feb 2023 |           |            |         |                  |           |            |         |                  |           |            |         |
| Thu, 1 Mar 2023  |           |            |         |                  |           |            |         |                  |           |            |         |
| Fri, 2 Mar 2023  |           |            |         |                  |           |            |         |                  |           |            |         |
| Sat, 3 Mar 2023  |           |            |         |                  |           |            |         |                  |           |            |         |
| Sun, 4 Mar 2023  |           |            |         |                  |           |            |         |                  |           |            |         |
| Mon, 5 Mar 2023  |           |            |         |                  |           |            |         |                  |           |            |         |
| Tue, 6 Mar 2023  |           |            |         |                  |           |            |         |                  |           |            |         |
| Wed, 7 Mar 2023  |           |            |         |                  |           |            |         |                  |           |            |         |
| Thu, 8 Mar 2023  |           |            |         |                  |           |            |         |                  |           |            |         |
| Fri, 9 Mar 2023  |           |            |         |                  |           |            |         |                  |           |            |         |
| Sat, 10 Mar 2023 |           |            |         |                  |           |            |         |                  |           |            |         |
| Sun, 11 Mar 2023 |           |            |         |                  |           |            |         |                  |           |            |         |
| Mon, 12 Mar 2023 |           |            |         |                  |           |            |         |                  |           |            |         |
| Tue, 13 Mar 2023 |           |            |         |                  |           |            |         |                  |           |            |         |
| Wed, 14 Mar 2023 |           |            |         |                  |           |            |         |                  |           |            |         |
| Thu, 15 Mar 2023 |           |            |         |                  |           |            |         |                  |           |            |         |
| Fri, 16 Mar 2023 |           |            |         |                  |           |            |         |                  |           |            |         |
| Sat, 17 Mar 2023 |           |            |         |                  |           |            |         |                  |           |            |         |
| Sun, 18 Mar 2023 |           |            |         |                  |           |            |         |                  |           |            |         |
| Mon, 19 Mar 2023 |           |            |         |                  |           |            |         |                  |           |            |         |
| Tue, 20 Mar 2023 |           |            |         |                  |           |            |         |                  |           |            |         |
| Wed, 21 Mar 2023 |           |            |         |                  |           |            |         |                  |           |            |         |
| Thu, 22 Mar 2023 |           |            |         |                  |           |            |         |                  |           |            |         |
| Fri, 23 Mar 2023 |           |            |         |                  |           |            |         |                  |           |            |         |
| Sat, 24 Mar 2023 |           |            |         |                  |           |            |         |                  |           |            |         |
| Sun, 25 Mar 2023 |           |            |         |                  |           |            |         |                  |           |            |         |
| Mon, 26 Mar 2023 |           |            |         |                  |           |            |         |                  |           |            |         |
| Tue, 27 Mar 2023 |           |            |         |                  |           |            |         |                  |           |            |         |
| Wed, 28 Mar 2023 |           |            |         |                  |           |            |         |                  |           |            |         |
| Thu, 29 Mar 2023 |           |            |         |                  |           |            |         |                  |           |            |         |
| Fri, 30 Mar 2023 |           |            |         |                  |           |            |         |                  |           |            |         |
| Sat, 31 Mar 2023 |           |            |         |                  |           |            |         |                  |           |            |         |

Here's how the P&L Calendar works:

- 1. **Monthly Tables:** Each month is represented by a dedicated table that displays each trading day of the year. These tables are designed to accommodate your trading activities from 2023 until the end of 2028. By organizing your trades on a daily basis, you can easily navigate and review your historical trading data by years, months, weeks or days.
- 2. **Automatic Coloration:** To enhance visual clarity, the P&L Calendar incorporates automatic coloration. This feature allows you to quickly identify the profitability of each trading day, helping you visualize your performance at a glance. Positive results may be highlighted in green, while negative results may be indicated in red, providing a clear overview of your trading journey. Other colors represent break-even days, weekends and no trading days.

Here's more of what the P&L Calendar can do:

- Weekly Results:** At the end of each week, the P&L Calendar automatically calculates your weekly P&L based on the accumulated results of your trades. This summary enables you to assess your performance over the course of a week and identify any trends or patterns that may emerge.
- Monthly P&L:** As the month comes to a close, the P&L Calendar generates an automatic calculation of your monthly P&L. By consolidating your trading results for the entire month, you can gain valuable insights into your overall profitability and assess your trading performance on a larger scale.
- Crypto-Friendly:** The P&L Calendar is not limited to Forex trading but also caters to cryptocurrency trading. **It recognizes and calculates weekend trades**, ensuring that your results accurately reflect your trading activities, regardless of the market you operate in.

**In conclusion,** the P&L Calendar provides you with a complete and user-friendly tool to review and analyze your trading activity. With its dynamic and adaptable nature, it effortlessly adjusts to your trading results, offering visual representations of your performance through color-coded fields. Explore, track, and enhance your trading journey with confidence.

| March   |                                                                                                                                      |            |          | 2023     |
|---------|--------------------------------------------------------------------------------------------------------------------------------------|------------|----------|----------|
| DAY NO. | DAILY P&L                                                                                                                            | WEEKLY P&L |          | MONTHLY  |
|         | Wed, 1 Mar 2023<br>Thu, 2 Mar 2023<br>Fri, 3 Mar 2023<br>Sat, 4 Mar 2023<br>Sun, 5 Mar 2023                                          | Week 10    | \$0      | \$45,351 |
|         | Mon, 6 Mar 2023<br>Tue, 7 Mar 2023<br>Wed, 8 Mar 2023<br>Thu, 9 Mar 2023<br>Fri, 10 Mar 2023<br>Sat, 11 Mar 2023<br>Sun, 12 Mar 2023 | Week 11    | \$0      |          |
|         | Mon, 13 Mar 2023                                                                                                                     | Week 12    | \$3,622  |          |
| Day 1   | Tue, 14 Mar 2023 -\$417.00                                                                                                           |            |          |          |
| Day 2   | Wed, 15 Mar 2023 -\$478.50                                                                                                           |            |          |          |
| Day 3   | Thu, 16 Mar 2023 -\$1,578.00                                                                                                         |            |          |          |
| Day 4   | Fri, 17 Mar 2023 \$5,138.67                                                                                                          |            |          |          |
|         | Sat, 18 Mar 2023                                                                                                                     |            |          |          |
|         | Sun, 19 Mar 2023                                                                                                                     |            |          |          |
|         | Mon, 20 Mar 2023                                                                                                                     | Week 13    | \$3,400  |          |
| Day 5   | Tue, 21 Mar 2023 \$7,260.00                                                                                                          |            |          |          |
| Day 6   | Wed, 22 Mar 2023 \$1,135.49                                                                                                          |            |          |          |
| Day 7   | Thu, 23 Mar 2023 -\$3,625.00                                                                                                         |            |          |          |
| Day 8   | Fri, 24 Mar 2023 -\$1,370.00                                                                                                         |            |          |          |
|         | Sat, 25 Mar 2023                                                                                                                     |            |          |          |
|         | Sun, 26 Mar 2023                                                                                                                     |            |          |          |
| Day 9   | Mon, 27 Mar 2023 \$38,328.00                                                                                                         | Week 14    | \$38,328 |          |
|         | Tue, 28 Mar 2023                                                                                                                     |            |          |          |
|         | Wed, 29 Mar 2023                                                                                                                     |            |          |          |
|         | Thu, 30 Mar 2023                                                                                                                     |            |          |          |
|         | Fri, 31 Mar 2023                                                                                                                     |            |          |          |

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